



# WeightLoss & LiverSupport™

#### **Purpose & Rationale**

The purpose of this product is to provide natural substances known to support the health and proper functioning of the liver, especially when unwanted fat accumulates as a result of weight gain that can lead to poor liver health affecting metabolism of all food stuffs. 176 Because of the surge of overweight and obese humans, unhealthy livers have reached epidemic proportions in developed countries. Reports on the prevalence of poor liver function due to weight gain suggest that 27-34% of the general population in the U.S. and 40-90% of the obese population worldwide have poor liver health. 177 Weight gain and/or poor eating habits often lead to a fatty liver, which increases the oxidative stress on this vital organ and compromises its overall functioning including inhibiting the body's ability to control proper usage/burning of sugar and fat. 176,177178,179,180,181

This product also supports appetite control with the incorporation of Irvingia Gabonensis.

### **Typical Use**

- Recommended for overweight and obese individuals to support a complete weight-loss program and liver health.
- Can be used alone or as part of the dotFIT LeanPak90.
- Take 1 tablet, three times daily, 30 minutes before meals with at least 8 oz. of fluid.
- Discontinue after reaching fat-loss goal.

## **Unique Features**

- Potentially works at many different levels within the body (e.g. antioxidant, appetite control, and metabolism of liver fat and sugar) to support the loss of body fat and overall metabolism.
- Non-stimulant weight-loss aid.
- Can be used alone or as part of the LeanPak90.
- Manufactured in compliance with Good Manufacturing Practices (GMPs).
- Third-party tested.

#### **Contraindications**

WeightLoss & LiverSupportTM is contraindicated in pregnancy and lactation because of a lack of data for this population. Because of N-Acetyl Cysteine, do not take if using anticoagulant drugs or nitroglycerine. In all cases, consult with a physician.

Serving Size: 1 Tablet Servings Per Container: 90	Amount Per Se	rving
		% D
Green Tea (Camelia Sinensis) Leaf Extract [Standardized to 98% Polyphenols (196 mg),	200 mg	*
80% Catechins (160 mg), 45% EGCG (90 mg), 2% Caffeine (naturally occuring 4 mg)]		
Choline (as Choline Bitartrate)	133 mg	*
N-Acetyl Cysteine	50 mg	*
Milk Thistle (Silybum Marianum L.) Seed Extract (Standardized to 80% Silymarin)	166 mg	*
Irvingia Gabonensis Seed Extract	150 mg	*

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